

# THE FACTS ARE...

**YOUR MOUTH "TALKS"  
TO YOUR BODY AND...**

**YOUR BODY "TALKS"  
TO YOUR MOUTH.**

**BACTERIA** in your mouth travel to other parts of your body **IN YOUR BLOODSTREAM.**

-AAOSH\*

**GUM DISEASE** increases the risk of **HEAD & NECK CANCER.**

-AAOSH\*

People with **GUM DISEASE** are twice as likely to die from **HEART DISEASE** & three times as likely to die from **STROKE.**

-Mayo Clinic

Research has found an association between **GUM DISEASE & RHEUMATOID ARTHRITIS.**

-American Academy of Family Physicians

**DIABETES & BLEEDING GUMS** increase your risk of **PREMATURE DEATH** by 400-700%.

-AAOSH\*

**BACTERIA** that lives in your mouth can cause **HEART DISEASE, HIGH BLOOD PRESSURE & STROKE.**

-AAOSH\*

**TOOTH LOSS & GUM DISEASE** increase the risk of **ALZHEIMER'S** disease.

-Mayo Clinic

**CAVITIES** are caused by a germ that spreads while **KISSING & SHARING FOOD.**

-AAOSH\*

**GUM DISEASE** increases **PANCREATIC & KIDNEY CANCER** risk by 62%.

-Harvard

93% of people with **GUM DISEASE** are at risk for **DIABETES.**

-AAOSH\*

The Surgeon General reports that **AT LEAST 80%** of American adults have **GUM DISEASE.**

-AAOSH\*

**PREGNANT** women with **GUM DISEASE** have **ONLY A 1 IN 7 CHANCE OF GIVING BIRTH TO A HEALTHY CHILD** of normal size.

-AAOSH\*

